

VOLUNTEERING

Role: Young Parents Group Volunteer - Gillingham

Hours: 3hrs per week (flexibility re holidays)

Gillingham – Thursdays -9.30-12.30

Young Parents Project Purpose

The Rendezvous is a local charity that has been working with young people in the Sherborne area since 1997. The Young Parents Project promotes the well-being of young parents (25 and under) and their families by providing advice and information and emotional support to help them become confident parents, able to manage their lives and those of their families.

The young parents group is a key part of the project and enables young parents to

- access advice and guidance from the project lead
- build their own support network of others in similar circumstances
- provide the children with opportunities to socialise and take part in fun activities

It runs in Sherborne on Wednesdays and in Gillingham on Thursdays throughout the year.

Young Parents Group Volunteer

Role purpose

- support delivery of weekly group sessions in Gillingham
- free up the Project Lead enabling them to focus on providing any targeted support necessary
- entertain and lead delivery or support delivery of activities for the children attending the session – these could be craft related, sports and games, songs and dance, or themed eg a Christmas party or Easter egg hunt or planting in the garden

Role responsibilities

- Work with the Project lead and other volunteers to deliver a happy, interactive and safe group session
- Set up and clear away the hall – moving tables and chairs, tidying toys, sorting out craft resources
- Play with and entertain the children
- Able to deliver or support craft activities with young children (0-5)
- Make and serve refreshments
- Able to manage a Facebook page a bonus – but not essential
- Able to maintain confidentiality

Person Specification

You are

- Friendly, warm and approachable
- A good team player with a sense of humour
- A good communicator and empathetic listener
- Happy to muck in and get your hands dirty
- Happy spending time with young people and children
- Non judgmental
- Reliable
- Willing to go through safeguarding checks and take part in safeguarding training

Contact: volunteering@therendezvous.org.uk or call Sarah Childs on 07873 232465 (Thursdays, Fridays) or Julie Bartle 07572 918240 (Monday, Wednesday, Friday).

The role is subject to safeguarding DBS background checks and safer recruitment procedures.